India wins record 114 medals (30 gold) at 2026 Asian Para Games – 4th in medal table

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News

At the 5th Asian Para Games in Aichi–Nagoya, Japan (18–24 Oct 2026), India won 30 gold, 35 silver and 49 bronze – 114 medals in all – to finish 4th in the medal table, its best ever. It surpassed India's previous best at Hangzhou 2022 (held in 2023). India won 9 golds on 23 Oct alone. Para-athletics gave the most medals – 65 (22 gold). China (over 400 medals), Japan (186) and Uzbekistan (145) took the top three places.

Key facts

Event	5th Asian Para Games – Aichi–Nagoya, Japan; 18–24 Oct 2026
India	30 G, 35 S, 49 B = 114; 4th place; 168 athletes, 11 sports
Top	China (400+ medals); Japan 2nd, Uzbekistan 3rd
Growth	Para-swimming 1 → 11 medals; para-table tennis 2 → 7 bronze

Background

- Paralympic Committee of India (PCI): founded in 1992 as the Physically Handicapped Sports Federation of India; HQ New Delhi; affiliated to the International Paralympic Committee (IPC) and the

Asian Paralympic Committee (APC). Two-time Paralympic javelin champion Devendra Jhajharia was elected its president unopposed in March 2024.

- Trailblazers: Deepa Malik won silver in shot put (F53) at Rio 2016 – the first Indian woman to win a Paralympic medal; she later headed the PCI. Sumit Antil (Haryana) won javelin F64 gold at both Tokyo 2020 and Paris 2024.
- Sheetal Devi (Jammu & Kashmir) – an armless para-archer who draws the bow with her feet; bronze in the mixed team event at Paris 2024. 'T64' is the track class for below-knee limb loss/prosthesis.

Tamil Nadu link: Tamil Nadu's para-shuttlers won medals at Aichi–Nagoya – Thulasimathi Murugesan (women's doubles SL3–SU5 gold with Manasi Joshi; silver in singles SU5 and mixed doubles), Nithya Sre Sivan (women's singles SH6 silver), Manisha Ramadass (women's singles SU5 bronze) and Sivarajan Solaimalai (men's doubles SH6 silver, with Krishna Nagar). Tamil Nadu created a separate department for persons with disabilities in 1992, renamed it the Department for the Welfare of Differently Abled Persons in 2010, and the Chief Minister holds this department.

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