Karra Samu to debut at the Khelo India Youth Games

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News

Karra Samu, a traditional stick-fighting martial art of the Telugu states, will debut as a demonstration sport at the 8th Khelo India Youth Games (KIYG) 2026, hosted by Telangana (11–22 December 2026). Sailing is the other demonstration sport.

Background

- Karra Samu (Telugu: karra = stick, samu = exercise) is practised in Telangana and Andhra Pradesh, with long bamboo sticks used for attack and defence.
- The first Khelo India Games of the Ministry of Youth Affairs and Sports were held in 2018 (New Delhi); the Youth Games are for athletes under 18.
- Four indigenous sports – Gatka (Punjab), Kalaripayattu (Keralam), Thang-Ta (Manipur) and Mallakhamb – along with Yogasana were included in the Khelo India Youth Games 2021, held in Haryana in 2022.

> **Tamil Nadu link:** Tamil Nadu hosted the 6th KIYG (January 2024), where Silambam, Tamil Nadu's own stick-fighting art, was included.

Frequently asked questions

What is this news about?

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What is the background to this news?

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Practice questions (with answers)

1. What kind of art is 'Karra Samu'?

A) Boat race

B) Stick-fighting martial art

C) Archery

D) Wrestling

Answer: B – Explanation: A traditional stick-fighting art of Telangana and AP; karra = stick, samu = exercise.

2. Which State hosts the 8th Khelo India Youth Games (2026)?

A) Madhya Pradesh

B) Tamil Nadu

C) Telangana

D) Bihar

Answer: C – Explanation: KIYG 2026 is in Telangana, 11–22 December.

3. Along with Karra Samu, which is the other demonstration sport at KIYG 2026?

A) Mallakhamb

B) Kabaddi

C) Yogasana

D) Sailing

Answer: D – Explanation: The two demonstration sports at KIYG 2026 are Karra Samu and sailing.

4. Which indigenous sport – State pair is wrongly matched?

A) Gatka – Punjab

B) Silambam – Tamil Nadu

C) Kalaripayattu – Keralam

D) Thang-Ta – Assam

Answer: D – Explanation: Thang-Ta is Manipur's martial art; included in the Khelo India Youth Games 2021.

5. Which State hosted the 6th Khelo India Youth Games (January 2024), which featured Silambam?

A) Haryana

B) Madhya Pradesh

C) Tamil Nadu

D) Maharashtra

Answer: C – Explanation: TN hosted the 6th KIYG in January 2024, which included Silambam.